Adaptive Strides

Skills that move life forward.

THANK YOU!

for taking the next stride with us

Token Board Starter Pack

A FREE RESOURCE FOR EVERYDAY LEARNING

Choose the board that fits your learner.

Three printable boards with 3, 5, or 8 spaces, plus cut-out star tokens. Begin with an achievable goal and a reward or activity the learner wants.

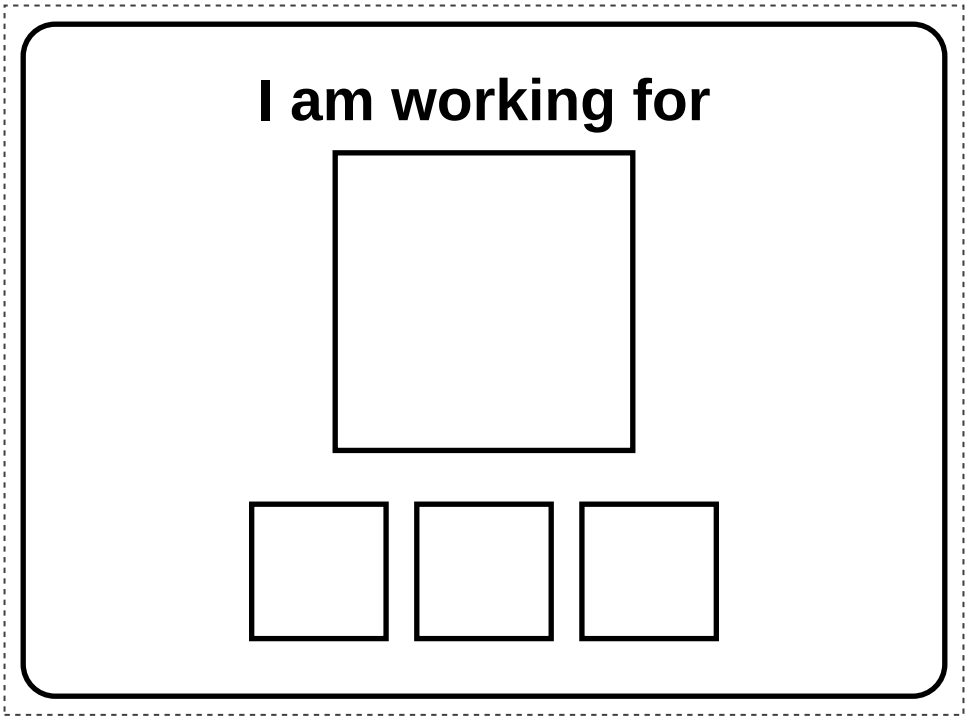
HOW TO USE

Together, choose what the learner is working toward. Add a picture or word in the reward box. Explain one clear, observable action that earns a token, and show how many tokens are needed.

Give a token promptly when the agreed action occurs, with specific encouragement. When the board is full, provide the agreed reward. Keep earned tokens; make the goal easier or offer support when needed.

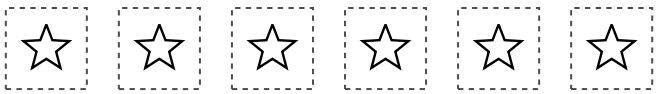
PRINT & PREPARE

Print at Actual Size (100%). Cut the board and tokens along the dotted lines.
Laminate pieces separately, then trim, leaving a 1/8-inch clear seal around each piece.
Use each page's tokens with its matching board.



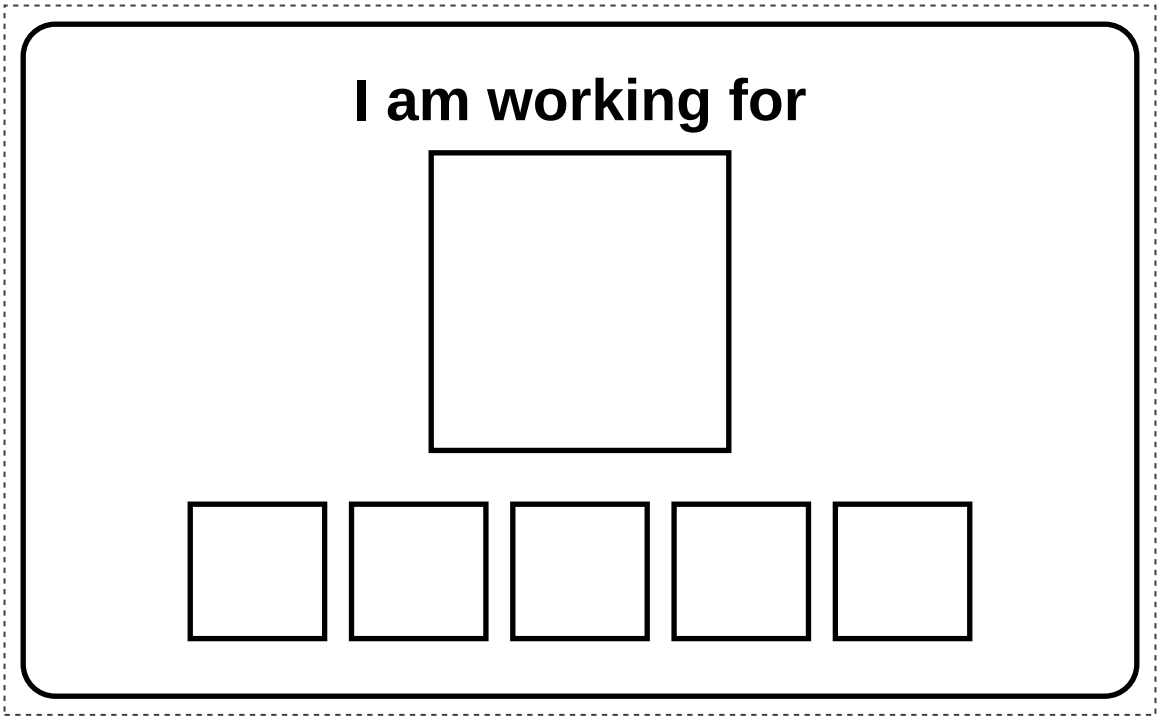
CUT-OUT STAR TOKENS

Cut along the dotted lines.



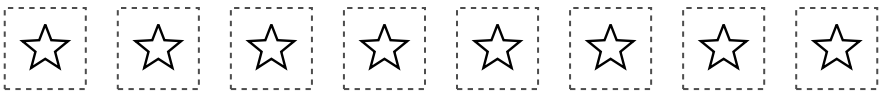
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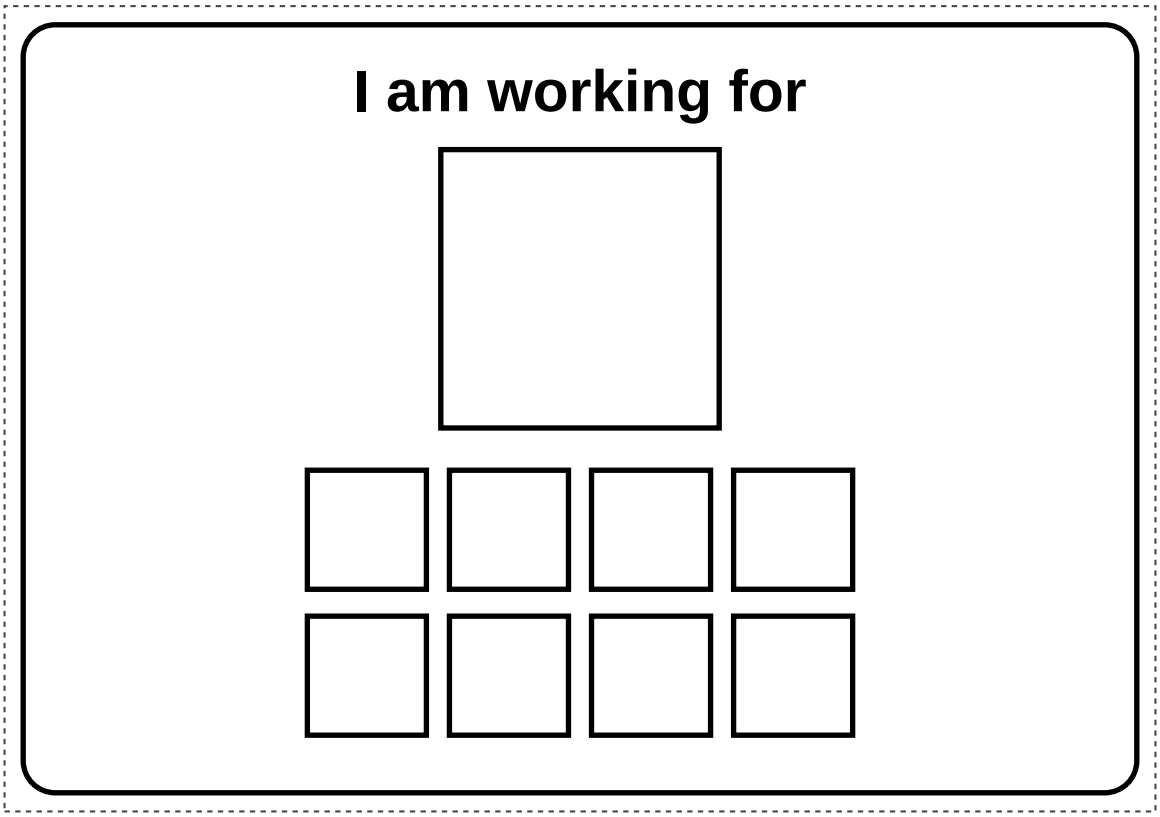
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THANK YOU FOR TAKING THIS STRIDE WITH US!

Simple tools. Meaningful everyday progress.

A FREE RESOURCE, MADE FOR YOU

Thank you for downloading this free Adaptive Strides resource. Print and reuse it in your home, classroom, or direct work with learners.

MAKE IT YOUR OWN

Choose familiar pictures, meaningful activities, and a pace that suits the learner. Support communication, offer help, and allow requests for breaks. Basic needs and communication access stay available.

TAKE THE NEXT STRIDE

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